

Suggested reading list

Psyc.E.In. Case Studies 1

Targets: psychologists, psychotherapists and psychoanalysts

Developed by: Associazione per l'EMDR in Italia (IT)

N.	Year	Title	Type of publication (article, book, guideline...)	Key words
1	2022	Fernandez, I., Pagani, M., & Gallina, E. (2022). Post-traumatic stress disorder among healthcare workers during the COVID-19 pandemic in Italy: Effectiveness of an eye movement desensitization and reprocessing intervention protocol. <i>Frontiers in Psychology</i> , 13.	article	EMDR
2	2022	Faretta, E., Garau, M. I., Gallina, E., Pagani, M., & Fernandez, I. (2022). Supporting healthcare workers in times of COVID-19 with eye movement desensitization and reprocessing online: A pilot study. <i>Frontiers in Psychology</i> , 13.	article	EMDR, post-traumatic stress disorder
3	2022	https://notizie.tiscali.it/salute/articoli/ucraina-emdr-europe-aiuto-psicologico-profughi-supporto-esperti-locali/	website	Vicarius Trauma, debriefing, EMDR
4		https://www.adnkronos.com/ucraina-emdr-europe-aiuto-psicologico-a-profughi-e-supporto-a-esperti-locali_6Kj9Cdd6MsBAO3GiHLDl5E	website	Trauma, war
5	2022	Hogg, B., Gardoki-Souto, I., Valiente-Gómez, A., Rosa, A. R., Fortea, L., Radua, J., Amann, B. L., & Moreno-Alcázar, A. (2022). Psychological trauma as a transdiagnostic risk factor for mental disorder: an umbrella meta-analysis. <i>European archives of psychiatry and clinical neuroscience</i> ,	article	Psychological Trauma, risk factor

		10.1007/s00406-022-01495-5. Advance online publication. https://doi.org/10.1007/s00406-022-01495-5		
6	2008	Solomon, R. M. (2008). Critical incident interventions. <i>Journal of EMDR Practice and Research</i> , 2(2), 160.	article	EMDR
7	2022	Peters E, Hardy A, Dudley R et al (2022) Multisite randomised controlled trial of trauma-focused cognitive behaviour therapy for psychosis to reduce post-traumatic stress symptoms in people with comorbid post-traumatic stress disorder and psychosis, compared to treatment as usual: study protocol.	article	PTSD, trauma-focused
8	2013	Luber, M. (In press, 2013). Implementing EMDR Early Mental Health Interventions for Man-Made and Natural Disasters: Models, Scripted Protocols and Summary Sheets. New York, NY: Springer Publishing Company	article	EMDR, disaster
9	2022	https://www.fema.gov	website	Emergency
10	2005	Solomon, R. M., & Macy, R. (2005). La gestione dello stress da eventi critici. In A. Giannantonio (Ed.), <i>Psicotraumatologia e psicologia dell'emergenza</i> (2nd ed., pp. 365–385) . Salerno, Italy: Ecomind.	article	Trauma, stress management
11	1998	Solomon, R. M. (1998). Utilization of EMDR in crisis intervention. <i>Crisis Intervention</i> , 4, 239–246.	article	EMDR, crisis
12	2011	van der Kleij, R., Molenaar, D., & Schraagen, J. M. (2011, September). Making teams more resilient: effects of shared transformational leadership training on resilience. In <i>Proceedings of the Human Factors and Ergonomics Society Annual Meeting</i> (Vol. 55, No. 1, pp. 2158-2162). Sage CA: Los Angeles, CA: SAGE Publications.	article	Resilience, leadership training
13	2020	Maslovaric, G. (ed.) (2020). EMDR di Gruppo. Insieme verso il benessere. Protocolli di Intervento. Roma: Apertamenteweb.	book	EMDR, Group therapy

14	2013	Lahad M, Shacham M., Ayalon O. (2013), The "basic Ph" Model of Coping and Resiliency: Theory, Research and Cross-Cultural Application, Kinsley Publisher (UK and USA).	article	Coping, resilience
15	2022	https://www.brightontherapypartnership.org.uk/resilience-trauma-basic-ph/	website	trauma, resilience
16	2020	Reddemann, L. (2020). Who You Were Before Trauma: The Healing Power of Imagination for Trauma Survivors. The Experiment	book	Trauma
17	2013	Dworkin, M. (2013). EMDR and the relational imperative: The therapeutic relationship in EMDR treatment. Routledge.	book	EMDR
18	2018	Vinciguerra, P., & Fernandez, I. (2018). Il panico ospite imprevisto: Diagnosi del disturbo e terapia EMDR. Mimesis.	article	EMDR, panic
19	2015	Onofri, A., La Rosa, C., Solomon, R., Rando, T. A., & Verardo, A. R. (2015). Il lutto: psicoterapia cognitivo-evoluzionista e EMDR. G. Fioriti.	article	EMDR
20	2022	Malacrea, M., Felis, F., Pagani, M., & Fernandez, I. (2022). Esperienze traumatiche e ricordi: implicazioni in campo clinico e legale. Quaderni di Psicoterapia Cognitiva-Open Access, (50).	article	EMDR, trauma
21	2000	Chemtob, C.M., Tolin, D.F., van der Kolk, B.A. & Pitman, R.K.(2000). Eye movement desensitization and reprocessing. In E.B. Foa, T.M. Kean, & M.J. Friedman (Eds.), Effective treatments for PTSD: Practice guidelines from the International Society for Traumatic Stress Studies (pp.139-155, 333-335). New York: Guilford.	article	PTSD, EMDR
22	2021	Biagianti, B., Zito, S., Fornoni, C., Ginex, V., Bellani, M., Bressi, C., & Brambilla, P. (2021). Developing a Brief Tele-Psychotherapy Model for COVID-19 Patients and Their Family Members. Frontiers in Psychology, 12.	article	EMDR, covid-19
23	2020	GIANUARIO, E. Il disturbo da stress post-traumatico nel personale sanitario impegnato in prima linea nell'emergenza Covid-19.	article	PTSD, EMDR

24	2006	Young, B. H. (2006). The immediate response to disaster: Guidelines for adult psychological first aid. In E. C. Ritchie, P. J. Watson, & M. J. Friedman (Eds.), Interventions following mass violence and disasters (pp. 134–154). New York: Guilford Press.	article	Crisis, psychological first aid
25	2021	Smith, A. (2021). Caring for the carers: EMDR in the context of a pandemic Caring for the carers: EMDR in the context of a pandemic. Caring, 3(2).	article	EMDR, covid-19
26	2020	Alsem, M. W., Berkhout, J. J., & Buizer, A. I. (2020). Therapy needs and possibilities in paediatric rehabilitation during the COVID-19 lockdown in the Netherlands. Child: Care, Health and Development, 46(6), 749-750.	article	EMDR, covid-19, pediatrics
27	2022	https://youtu.be/x6t1f8_SMZs	video	EMDR, light stream technique
28	2022	Poli, A., Gemignani, A., & Miccoli, M. (2022). Randomized trial on the effects of a group EMDR intervention on narrative complexity and specificity of autobiographical memories: a path analytic and supervised machine-learning study. International journal of environmental research and public health, 19(13), 7684.	article	EMDR; Covid-19
29	2022	D'Antoni, F., Matiz, A., Fabbro, F., & Crescentini, C. (2022). Psychotherapeutic Techniques for Distressing Memories: A Comparative Study between EMDR, Brainspotting, and Body Scan Meditation. International Journal of Environmental Research and Public Health, 19(3), 1142.	article	EMDR, meditation, distressing
30	2022	Velu, M. E., Martens, I., Shahab, M., de Roos, C., Jongedijk, R. A., Schok, M., & Mooren, T. (2022). Trauma-focused treatments for refugee children: study protocol for a randomized controlled trial of the effectiveness of KIDNET versus EMDR therapy versus a waitlist control group (KIEM). Trials, 23(1), 1-11.	article	Trauma, EMDR, refugee children